

Tour de Scotland

Competition rules

- Upon the bike's arrival, please spend 5 minutes checking the bike and monitor are working correctly. We must alert the bike supplier of any faults within 6 hours of delivery in order to ensure a speedy replacement.
- Cycling should take place between 8am and 5pm on both days of the event.
- The finish distance must be recorded after every 15 minute cycle slot (in km) even if the individual has booked two cycle slots in a row.
- All distances recorded must be accurate - no cheating!
- Cyclists may select the resistance they wish to pedal at and adjust it at any point during their slot.
- Individuals can cycle for as many slots as they like but at their own risk and we recommend splitting them up over the 2 days if needed.
- All donations must be recorded on the company Tour de Scotland JustGiving/Mydonate page
- Offline donations can be banked separately but need to be added to the 'offline' donations record.
- Any outstanding cash donations yet to be paid in must be added as offline donations on your JustGiving page by 12pm Wednesday 20 March for you to be entered into the running for Tour de Scotland Champion.
- You must display [the disclaimer](#) form during the event to ensure Breast Cancer Care or TEAMcycles are not held responsible for any injury incurred during the event.
- Times must be completed on the website no later than 6pm on both days of the competition.
- Your company is responsible for the bike whilst it is in your care and you must not tamper with it.
- You must ensure you have sufficient insurance to cover theft or damage and sign a liability form which we will provide.
- In the unlikely event that a bike breaks down, we will allow the missed cycle slots to be added on at the end of the day whilst the bike was out of action. The additional slots must be agreed beforehand with your Breast Cancer Care representative.

The results

Breast Cancer Care will email a leaderboard after day one to all Charity Champions.

On Thursday 21 March the following titles will be announced:

- Tour de Scotland Champion
- Furthest distance cycled
- Best Fundraiser
- King and Queen of Speed
- Best Selfie